



CHURCHVILLE RECREATION COUNCIL

HOPPIN' HAWKS JUMP ROPE CLUB

Jump rope is FUN and a great way to increase COORDINATION, PHYSICAL FITNESS, and to CROSS-TRAIN for other sports. Our instructional programs run for eight weeks; they are open to any girl or boy, ages 5 and up who wants to jump rope. JUMPERS WILL LEARN single rope skills, partner challenges, speed and power moves, long rope tricks, choreographed group routines & Double Dutch. Jumpers are placed on ability teams and advance to higher level teams when ready. All new jumpers begin on our intro team; TALONS.

Visit our website at www.hoppinhawks.org for more information.

For questions email hoppin_hawks@yahoo.com.

All sessions will be held at the Prospect Mill Elementary School on Thursday evenings.

Times and costs for all sessions are as follows: Circle desired team below

Table with 5 columns: Team Name, Time, Cost per session, Cost for two sessions, Cost for three sessions. Rows include Beginner - Talons, Intermediate - Wings, Advanced-Soar/F.I.T., and Double Dutch.

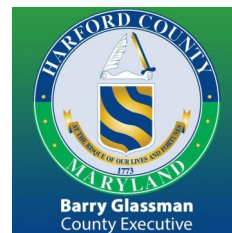
* Advanced teams: Must complete Talons before advancing to Wings and complete Wings before moving to SOAR/F.I.T.

** Double Dutch (must be registered in Wings or higher)

Discounts for multiple sessions apply only if registered by September

2016-2017 seasons and dates are as follows: Check desired season(s) below

- Checkboxes for Fall, Winter, Spring, and Double Dutch with corresponding dates and registration requirements.



CHECKS ARE MADE PAYABLE TO: "Churchville Recreation Council". Please DO NOT drop off your registration form at the Recreation Complex. PLEASE MAIL to P.O. Box 155, Churchville, MD 21028. Classes will be held on a first come, first served basis contingent upon sufficient registration. There will be No Refunds or Transfers of registration. Payment must be made at the time of registration. Unless you are otherwise notified, you may assume that the class will be held as scheduled. Your cancelled check will be your receipt.

Jumper's Name (please print): _____ Home Phone: _____

Is your child in any other Churchville Recreation programs? _____

If so, which and when did they last participate? _____

Parent Email Address: _____ Age: _____

DISCLOSURE STATEMENT

I do hereby expressly agree to release Harford County, Maryland, a body corporate and politic of the State of Maryland, and its elected and appointed officials, agents, officers, and employees, from all liability arising from any harm or injury, including death, sustained by me while participating in this program. I understand that there is an inherent risk involved in any program. I certify, by my signature, that I understand this and agree. I also certify that my child is physically capable of participating. I will make the instructors aware of any allergies and/or medical problems. By my signature I acknowledge my understanding of the Concussion Information, SB771/HB858, which requires that all parents/guardians and athletes be made aware of the dangers a concussion may have on an athlete. This can be found at the Center for Disease Control, www.cdc.gov/headsup/youthsports/index.html. Also the Sudden Cardiac Arrest, HB 427, which requires that all parents and athletes be made aware of the dangers that sudden cardiac arrest may have on an athlete, found at www.nhlbi.nih.gov/health/health-topics/topics/scda. Further information on both can be found by calling 1-800-232-4636.

Parent Signature: _____ Date: _____



Churchville Recreation Council **CODE of CONDUCT**

The Recreation council is committed to providing the citizens of Harford County with quality recreational opportunities in a safe and enjoyable environment. To fulfill this commitment, the Recreation Council has established a **Code of Conduct**. The Code requires that individuals, including but not limited to spectators, coaches, registrants, and volunteers in Recreation Council programs and activities, conduct themselves in a reasonable manner.

Individuals may lose the right to participate in programs and activities for any of the following:

1. Failure to abide by program rules as established by the Recreation Council.
2. Failure to comply with the direction given by Recreation Council representatives in the performance of their duties.
3. Misuse, destruction, damage or theft of Recreation Council property, or the property of others.
4. Indecent or obscene conduct, including profanity.
5. Any action, which, in the judgment of the Recreation Council, places oneself or others at risk. This includes, but is not limited to, physical and/or verbal abuse, intimidation, and coercion, inciting others to violence or disruption, and sexual harassment. Sexual harassment includes, but is not limited to, the following: verbal or physical sexual advances, including pressure for sexual activity; unwelcome sexually motivated touching, pinching, patting or intentional brushing against; verbal harassment or abuse; and remarks or gestures of a sexual nature.
6. Possession, use or distribution of weapons, instruments used as weapons, fireworks or explosives.
7. Possession, use or distribution of alcohol (except by special permit), or controlled dangerous substances.
8. Any action that disrupts or obstructs participation in a Recreation Council program or activity.
9. Any action that constitutes a violation of local, state, or federal law.

Violations of the **Code of Conduct** may result in disciplinary action including, but not limited to, the following:

1. Verbal warning.
2. Limited suspension from programs and activities.
3. Permanent expulsion from programs and activities.

An individual may face permanent expulsion without verbal warning and/or suspension if, in the judgment of the Recreation Council, the violation is significant enough to warrant such action.

PARENTS SIGNATURE _____ DATE _____
PARTICIPANTS SIGNATURE _____ DATE _____